



Substance Abuse and Mental Health
Services Administration

5600 Fishers Lane • Rockville, MD 20857

www.samhsa.gov • 1-877-SAMHSA-7 (1-877-726-4727)



March 31, 2026

John Smith or Current Facility Director
Reston Healthcare
Helping Hands
1902 Reston Metro Plaza
Reston, VA 20190



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Dear Facility Director:

I am following up on my earlier letter to invite you to participate in the **2026 National Substance Use and Mental Health Services Survey (N-SUMHSS)**, sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA).

The N-SUMHSS, conducted by ICF on SAMHSA's behalf, is an annual survey of all known substance use and mental health treatment facilities across the United States, its territories, and the District of Columbia. It provides the most comprehensive snapshot of substance use and mental health treatment services nationwide. Your facility's participation will help researchers, policy makers, and facility directors like you better understand the national treatment resource landscape, and support evidence-based planning.

You can begin the N-SUMHSS today. Please find your secure login information on the enclosed blue flyer. The survey should be completed by you or another person knowledgeable about this facility's daily operations.

Why should I participate in the N-SUMHSS?

- Your facility may be eligible to be listed on [FindTreatment.gov](https://www.samhsa.gov/findtreatment), increasing awareness of your services, and helping you reach potential clients in your community you don't currently reach. [FindTreatment.gov](https://www.samhsa.gov/findtreatment) had over 5.1 million views in 2025 and is available in English and Spanish. **Your facility must complete the N-SUMHSS every year to maintain your listing on [FindTreatment.gov](https://www.samhsa.gov/findtreatment).** If you do not want to have your facility listed, the survey will ask for your preference.
- Your response is vital to ensuring the survey represents facilities like yours. Your facility data will be combined with other N-SUMHSS respondent data and made available on SAMHSA's data dissemination website (<https://www.samhsa.gov/data/>). You can learn more about the data and their uses on that site.

What has SAMHSA done to make it easy to participate?

- If you completed the 2025 N-SUMHSS, many of your responses will be filled in already, so you only need to confirm or change them!
- You can respond for *more than one facility* with a single User ID and Password.
- A survey progress indicator is available to communicate your position as you advance through the survey.
- You can save your responses at any time and go back later.
- A worksheet has been included in this packet to help you calculate client counts.
- An online resource center (<https://info.nsumhss.samhsa.gov/>) includes a copy of the survey, definitions to key survey terms, and tutorials on completing the N-SUMHSS.
- You may complete the N-SUMHSS in either English or Spanish.

If your facility no longer provides substance use or mental health treatment services, has changed address, or if you have any questions about the survey, please review the enclosed Frequently Asked Questions (FAQs) or visit our website at <https://info.nsumhss.samhsa.gov> (which also includes materials available in Spanish). If you need additional information, please contact the N-SUMHSS help desk at (833) 302-1759 or ICFsupport@nsumhss.org.

We look forward to your participation in the 2026 N-SUMHSS!

Sincerely,



Darren Fulmore, Ph.D.
Office of Evaluation
Center for Behavioral Health Statistics and Quality
SAMHSA



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